



Samaritan Counseling Center's E-CONNECTION

**For our Partners in Ministry
SCC is "Here for Hope and Healing"**

October 2011

**Samaritan Counseling Center -- 1803 Oregon Pike -- Lancaster, PA 17601
(717) 560-9969 www.scclanc.org**

"Nothing gold can stay." – Robert Frost



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"Stress Reduction for the Family"

A program for you to host in your church setting is available featuring Beth Mull, Psy.D. of Samaritan Counseling Center as presenter. Use one Partnership voucher, or pay \$110 for Church Partners or \$125 for non-Partners.

In this presentation, Dr. Beth Mull talks about what stress is and how chronic stress can take a toll on the body and mind. She introduces various ways to protect yourself against stress. She also teaches some stress reduction techniques that can be used by the whole family, as well as some that are specific to children's and parents' needs. Get ready to relax!

“Amish Community, faith & culture: Special health needs of the Amish Community”

Monday, October 3, 2011 6 - 10PM CONTACT HOURS FOR NURSES
Sponsored by EMU at Lancaster: A Community Partner with SCC

Speakers: Donna Trubiano, RN
Susan Shaub, RN
Donna Robinson, MSN, RN, PNP-BC, PCN
Amish Research Center
Lancaster, PA

Location: Eastern Mennonite University at Lancaster
1846 Charter Lane, P.O. Box 10936
Lancaster, PA 17605-10936

Contact Hours: 4 contact hours

Cost: \$20.00

For registration or to be on the mailing list, email sheryn.jerchau@emu.edu or call 717-397-5190 by September 30, 2011. Payment can be made by check, cash or money order to EMU at Lancaster. (No credit cards accepted). Free parking.

Eastern Mennonite University, 1846 Charter Lane, Lancaster, PA 17602

EMU is approved by the PA Department of Education to provide non-credit continuing education necessary for nursing license renewal.

Clergy Leadership Breakfast & Series



Safeguarding the Harbor: Rethinking Christian Formation & Repurposing the Education Wing

Breakfast: November 3 7:30 AM – 9:00 AM
St. Peter's Lutheran Church, Corner of Delp Road and Lititz Pike
(Rt. 501)

When he had finished speaking, he said to Simon, "Put out into the deep water and let down your nets for a catch." (Luke 5:4 NRSV)

Many churches struggle to find an education model for children, youth and adults that engages participants and provides Christian formation in a world noisy with self-help approaches. The 21st century presents a virtual spiritual “marketplace” of practices, religions, rituals, music, books, and ideas; and offers multiple venues in which to engage them. This breakfast presentation in the final installment of our 2011 “**The Church in Motion**” leadership program will look at Christian formation through education and help us begin to imagine creative new ways to engage children, youth and adults.

Facilitator: Rev. Karen L. Lovelace, St. Mark’s UCC, Baltimore, MD

Rev. Lovelace is a member of Baltimore United Congregations, a group focusing on the needs of the community, and was the Logistics Director of the Interfaith Forum on Homelessness. She serves the wider church as secretary of the Council of the Chesapeake Association of the Central Atlantic Conference. Previously, she was the pastor of First Reformed UCC outside of Pittsburgh and a member of the Clergy Conference Team for Renewal and Transformation of Churches.

The breakfast and series is open to clergy, staff, and lay leaders. Participants wishing to further explore this topic manner may sign up for the following leadership series, To register for the breakfast and series, go to <http://www.scclanc.org/ls092011.htm>, or call Barbara Tolbert, Partner Church Administrator, at (717) 560 9969 x 256.

Breakfast: No charge for partner clergy; \$10 for others

Series: \$75 for partner clergy, \$100 for others

2 Session Leadership Series: 8:00 AM – 10:00 AM

Lutheran Church of the Good Shepherd, 750 Greenfield Road

The leadership sessions will address the challenges of ensuring fresh ways to engage participants, and offer possible solutions for alternate uses of the Christian Education wing that still promote God’s love and mercy.

November 17: A New Temple – Keeping the Students on Board

This session will offer a discussion on engaging children and youth when there are differing docks to choose from in their ways and places of relating to God and faith.

December 1: Buildings of Hope – Afloat in the Community

This session will focus on how churches can put out into the deeper waters of the community by repurposing facilities and engaging in spiritual exploration with adults at all stages of life

This series is offered through the Samaritan Counseling Center’s Clergy & Congregation Care program.



Sea Secrets is a fabulous book portfolio of underwater photography portraying images of sea life from around the world. **Photos are by Doug Good, SCC's Board President.** Photo destinations include the U.S. and British Virgin Islands, Cayman, Galapagos Islands, Cocos Island, Palau, Chuuk (Truk Lagoon), Fiji, Roatan Honduras, Hawaii, Wakatobi Indonesia and the Turks & Caicos Islands. This book includes wide angle and macro-photography of shipwrecks, fish, sharks and other sea creatures. **All proceeds from the sale of this book (\$5 per book) go to the Samaritan Counseling Center in Lancaster, PA. A great gift for individuals and/or families for the holidays.**

Available through www.blurb.com or <http://www.blurb.com/bookstore/detail/2205496>

Cost of the Book:

Softcover: \$45.19

Hardcover, Dust Jacket: \$58.54

Hardcover, Image Wrap: \$61.99

“Rejoicing Spirits” - a new worship opportunity



St. Peter's Lutheran Church, 10 Delp Road, Lancaster, has opened a new worship ministry to the Community. **“Rejoicing Spirits” is a worship service designed to be more welcoming for people with intellectual and developmental disabilities.** This service welcomes their family members, friends and other supportive community members to attend. The service lasts about 45 minutes, and fellowship and refreshments are provided following the service.

Persons attending can feel free to get up and dance, clap, wave their hands and not be “shushed”. **This service is once a month on the 3rd Sunday of the month at 3 PM in the St. Peter's sanctuary.**

For more information about this, visit www.rejoicingapirits.org or call 1-610-363-6264 at the National Office and Model Site at 104 S. Village Ave., Easton PA 19341

Clergy Groups at SCC

Clergy groups forming at the Samaritan Center are ecumenical, promote collegial support, and are facilitated by clergy leaders trained in family systems and organizational dynamics

who have also served in congregations. They embody the key qualities a recent study by Austin Presbyterian Seminary concludes are present in the top rated clergy groups:

- Formal covenant or group guidelines
- Quality leadership/trained facilitators
- Multi-denominational membership
- Close relationships
- Accountability
- Expressing spirituality in creative ways

Most of the clergy in the Friday groups are senior pastors/heads of staff. These groups are facilitated by Dr. James Hanna, the Samaritan Center's founder and retired Executive Director. Rev. Hanna served for more than 20 years in the Presbyterian Church before founding the Center. **Contact** Jhanna6@gmail.com; or call 717.682.0755.

**Groups meet for 1.5 hours twice a month
8:00 AM – 9:30 AM**

**Group 1: First and Third Friday
Group 2: Second and Fourth Friday,
Group 3: First and Third Thursday**

Cost: \$50 per month.

Location: Samaritan Counseling Center
1803 Oregon Pike, Lancaster, PA 17601

Most of the clergy in the Thursday group are associate or sole pastors. This group is facilitated by Rev. John Emmert, retired from 35 years of parish and college ministry in the Episcopal Church. **Contact** john.emmert1@gmail.com or call 717.951.1136. For more information about other services for clergy and congregations, contact Linda Crockett, Director of Clergy & Congregation Care, at 717.625.1722.

Children and Television News

Roger D. Klein, Ph.D.

More than 25 million Americans get their daily dose of information about the world through television news. Parents may not be aware that local TV news is a less-than-ideal source for helping children accurately comprehend daily events.

- **Most TV news stories are too brief (almost half are less than 25 seconds in length).**
- **TV news stories are read at too quick a pace.**
- **Most TV broadcasts use visuals that are too distracting to permit effective comprehension.**

Research demonstrates that students in middle school recall and/or comprehend fewer than 25% of the stories shown on a daily newscast. With stories that are two minutes or more in length they were able to comprehend 75% of the stories.

A second concern is the emotional reactions children have to local TV news. Research has shown that most local news is about disaster, tragedy, and violence. Here's what we know about emotional reactions:

- Many children report that such content makes them fearful, and that exposure to horrific events, such as September 11, 2001, increases the likelihood of Post Traumatic Stress Disorder (PTSD) symptoms.
- While children do not generally indicate a belief that local TV news accurately reflects their own immediate environment, they do suggest a belief that the rest of the world is as dangerous as TV news depicts.

Before exposing children to daily local news shows, parents should ask themselves whether producing high levels of fear in their children needs to be pat of how they are educated about local events.

Ideally, when property produced, TV news can be very educational. It helps viewers focus their attention on pertinent current events and is capable of creating emotional states that can help us acquire information. Unfortunately, however, most local TV news shows place sensationalism and "infotainment" ahead of education.

Reference:

Austin, E.A., Chen, Y., Pinkleton, B., & Johnson, J. (2006). Benefits and costs of Channel One in a middle school setting and the role of media-literacy training. *Pediatrics*, 117,423-433.

***Roger Kline**, Ph.D. is an Associate Professor of Applied Developmental Psychology at the University of Pittsburgh, where he specializes in Media Psychology and Human Learning. He has worked for 30 years as a media producer, radio and TV reporter, both locally and nationally.*

Child Abuse Rose during Recession

Incidences of child abuse, mostly in infants, increased during the recession, a new study finds. Researchers collected data on 422 abused children younger than five years from mostly lower income families in 74 counties in four states. Unemployment rates in the 74 counties rose during the five-year study, and the proportion of children on Medicaid in those counties also increased, from 77 percent before the recession to 83 percent after. Researchers, whose findings are reported in the journal *Pediatrics*, found that the number of cases of shaken baby syndrome or other forms of brain-injuring abuse rose from about 9 cases per 100,000 children in pre-recession years, to almost 15 per 100,000 children during the recession—a 65 percent increase. ([Associated Press](#), 9/18/11)

Behind the Camouflage

Workshop for pastors and youth counselors on the ethical and spiritual questions that surround military enlistment and combat featuring the award-winning film

SOLDIERS OF CONSCIENCE



Date: Saturday, October 22, 2011

Time: 9:00 a.m.-1:00 p.m. (includes light lunch)

Place: Franklin & Marshall College

Barshinger Life Sciences Building, Boncheck Lecture Hall

Panelists:

- **Rev. Bill Worley:** U.S. Marine Chaplain and Pastor (1st Reformed UCC, Lancaster)
- **Titus Peachey:** Director of Peace Education, Mennonite Central Committee U.S.
- **Dr. Lynne Williams:** Clinical Psychologist, Samaritan Counseling Center
- **Rev. Tim Bistline:** Youth Pastor, St. Mark's United Methodist Church (Mt. Joy)

For More Information and to Register:



See: us.mcc.org/forms/behindthecamouflage or call Titus Peachey at:
(717) -859-1151 \$15.00 registration fee, payable at the door

Sponsors: Mennonite Central Committee U.S.; Office of the Chaplain and Religious and Spiritual Life at Franklin and Marshall College; Rev. Bill Worley, 1st Reformed United Church of Christ

NOTES:

- **Next Clergy Breakfast is Thursday, November 3rd**
- **Renewal materials for Partnership will be sent to you later this fall.**
- **You are welcome to copy and share any part of this news-letter.**
- **Are you using your vouchers? Many Partners are using their 2011 vouchers for referrals, educational programs in their church, or for their own attendance at one of our many programs offered to clergy.**

Barbara Tolbert, SCC's E-Connection Editor and Partner Church Administrator
(717) 560-9969 Ext. 256 or btolbert@scclanc.org